



Unlocking Your Potential & Achieving Your Career Goal:

A Guide to Student Support at SGU

Student support is at the heart of St. George's University (SGU), providing various academic and nonacademic support services to help students **navigate their educational programs, grow as individuals, and thrive in their future careers.**

From academic enhancement and **career development to health and wellness**, students are helped at every step of their journey to becoming a doctor.



Academic Support

Educational Support

SGU has a Department of Educational Services (DES) **dedicated to offering academic guidance and support.** Students who want to deepen their understanding of course material and improve their long-term learning can access a variety of services such as:

- Additional **assistance in coursework** through the Academic Enhancement Program (AEP)
- Collaborative **weekly group sessions** through the Supplemental Learning Program (SL)
- Support with types of **studying, time management, note-taking strategies, and critical thinking** through the Learning Strategies Program (LSP)
- **Exam preparation** and test-taking support using a problem-based educational approach
- Specialized English Language Programs (SELP) designed to help students develop **academic, professional, and medical communication skills** through classes, workshops, and individual tutoring

In addition to the DES, SGU's faculty provides mentorship with **individual consultations, workshops, tutoring, lectures, and research project opportunities.** Students also have access to peer groups led by student leaders who have demonstrated academic excellence. These groups cover various topics such as study habits, exam preparation, and research projects.

Career Support

The Office of Dean of Students (DOS) provides support in both academic and nonacademic areas. As part of the DOS, the Office of Career Guidance (OCG) **supports students in the Basic Sciences**, and the Office of Career Guidance and Student Development (OCGSD) **supports students during the clinical years.**

- Guidance on **residency selection and application processes** in the US and the UK
- Preparation for the United States Medical Licensing Exams (USMLE)
- Clinical rotation **support to help with placement guidance**, off- and on-site assistance, and support with processing documents
- **A primary advisor** to guide throughout the clinical rotation process
- Support with **interview techniques**
- Career assessments
- Access to **seminars, fairs, and networking events**



“ I was provided with all the tools that I needed to do well in standardized exams, such as DES facilitators who helped me set up study schedules, go over materials that I didn't grasp well, and many other things. ”

Ahmed Hussein, MD
Graduation Date: 2022



Non-academic Support

Recreation and Social Support

The DOS also enables students to access support mechanisms to encourage success in their chosen field and enhance their personal growth. Students can take part in:

- Over **65 student organizations** that promote a diverse range of religious, cultural, professional, political, social, and academic groups
- An on-campus **multi-purpose fitness & wellness center** that offers fitness classes and wellness activities
- Intra- and extramural **sports and outdoor activities**

In addition, The Global Student Lounge, which contains the Office of International

Student Services, helps students with:

- **Visa and immigration** advice
- Cultural **adjustment support**
- A **peer mentoring program**

Students can also register with Student Accessibility and Accommodation Services (SAAS), which is housed in the DOS office, to receive assistance with:

- **Support for students with disabilities**
- Requests for **accommodation**

Health and Wellness Support

The University Health Services (UHS) and the Psychological Services Center (PSC) are committed to **promoting the health and well-being** of students, providing access to:

- **24-hour medical care** for illness and injuries
- **Preventative care** (routine check-ups, immunizations, and referrals)
- **Psychological counseling and support services** for emotional, behavioral, and mental health concerns

Administration Support

For administrative requests, students can utilize The Office of the University Registrar, which provides support with:

- **Academic record management**
- Registration, enrollment, and **graduation administration**
- **Licensure documentation** and transcript requests

Scan here to
learn more about
the DES at SGU



“ I honestly have to thank SGU to the fullest extent for preparing me so well for my future in medicine. I honed my skills of teaching and guidance, hard work, dedication, and leadership at SGU. The years in Grenada, along with my rotations in New York, prepared me extremely well for day 1 of residency, where I did not feel any different in terms of overall standard and knowledge from any other American medical school grad. ”

Shivantha Amarnath, MD

Graduation Date: 2017